NEWFOUND • OWATONNA
FAMILY CAMP

Camp is good!

2010 handbook

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arrival dates|times

1st Week

Arrival	After 1 p.m. on Monday, August 16.
Departure	After church and lunch on Sunday, August 22.

2nd Week

Arrival	After 1 p.m. on Monday, August 23.
Departure	After church and lunch on Sunday, August 29.

daily schedule

7:10 am	Early Risers' Breakfast (continental-style)
7:15	Reveille
7:30	Breakfast (hot meal served)
8:15-8:45	Quiet Time (quiet reading of weekly Lesson)
9:00-9:30	Morning Meeting
9:30-12 noon	Morning Activity Period
9:00-11:45	Little Loons / Bear Cubs / Moose
12:15-1:00	Lunch Buffet (outside, if possible)
1:15-2:15	Rest Hour (quiet in camp)
2:30-5:30	Afternoon Activity Period
2:30-5:00	Little Loons / Bear Cubs / Moose
5:00 - 5:30	Family free swim / get ready for dinner
5:45	Dinner
7:00	Evening Activity

packing list

Please be sure to include the following items in your packing for Camp. The items in bold are especially important! A special list for babies and small children follows. It is helpful to label everything.

clothing for warm & cool weather
rain gear
waterproof shoes
sneakers
flip flops
twin bed sheets (unless otherwise notified)
pillows
blankets and/or sleeping bags
flashlight
bug repellent
bathing suit
towels (bath and beach)

hiking boots
fishing pole
musical instrument
golf clubs (see page 5 for courses)
tennis racket (camp has a supply)

If mailing items in advance, mail to:
FAMILY CAMP
4 CAMP NEWFOUND RD.
HARRISON, ME 04040

packing list for babies|small children

bag or backpack
baby food
diapers
swim diapers
baby wipes
powder

port-a-crib
warm blankets
beach towel
water-wings
sun-screen
bug repellent
child-size life preserver

Some of these items may seem obvious, but it is important for parents to be aware that camp does not have or provide any of these items. There are supermarkets in Windham, Bridgton, and Naples where you can pick up supplies on your way to camp or after you arrive.

It is IMPORTANT TO LABEL as many items as possible, especially if your child(ren) will be attending our Child Care program at any point during your stay.

child care ages 0 through 9 years

little loons 0–2 bear cubs 3–5 moose 6–9

Our youngest campers – babies and children through age nine – who are not yet big enough to fully appreciate the regular activities, can take part in special activity programs geared for their age group. For the Little Loons and Bear Cubs, the activities include indoor and outdoor games, stories, arts 'n crafts, dance, nature walks in camp, life-guarded swimming and paddling. For the Moose, the activities include archery, street hockey, dance, zip line, arts'n crafts, day trips ... This program is offered every day during the scheduled activity periods (Please see the Daily Schedule).

Morning Meeting Child Care is provided for children 5 and under each day at the Director's Cottage.

* **note:** Morning activity period ends at 11:45.
Afternoon activity period ends at 5:00.
These times allow childcare staff to clean up and prepare for the next day and then time to get to the dining room to serve. Thank you for your understanding and promptness!

travel directions

From Massachusetts
Take Route 95N into Maine. Take Exit 63 for Gray. After the tollbooth, turn left onto Route 115. Follow signs carefully to remain on 115 to N. Windham (about 7 miles). Turn right onto Route 302 in N. Windham and continue to Naples. Turn right onto Route 35, just before a drawbridge crossing into Naples. Camp is 9 miles up Route 35 on the left.

From New York
Take Route 95N to Route 91N to the Mass. Turnpike (Route 90E). Pick up Route 290N to Route 495N to Route 95N into Maine. Follow the directions above.

Airport
The closest airport is Portland's Jetport located 35 miles east of Camp. Family campers flying to Portland can arrange for camp transportation to and from the airport. Please call the business office: 207-583-6711, x202.

special activities

Talent Show

The annual Talent Show will go on—Friday night! Calling all talent... big and small, family and individual, talent and no talent ... be creative!

Campfire Sing-alongs

Cozy up to a lakeside campfire and join or listen to singing under the stars. Feel free to bring your own instruments and join in!

Triathalon

Participate in a fun swim/kayak/run event as an individual or as a team, all ages welcome.

Church Services

We'd love to have your help reading on Wednesday night, Sunday morning, and during the week at Morning Meeting.

Also, we invite anyone to contribute a solo on Sunday. Bring your music!

Please look for the sign-up sheets posted on the bulletin board inside the Newfound Lodge entryway for anyone willing to help with the church services.

Day Trips

Day trips are offered Tuesday through Friday. Trips are geared toward a wide range of abilities. They explore the coast, mountains, waterfalls, and the surrounding countryside of Maine and New Hampshire.

Day trips generally depart from camp after breakfast and arrive back at camp in time for dinner and evening activity.

Sign ups for day trips are posted in the Newfound Dining Hall entry way.

Each trip will meet after dinner the night before to prepare.

In the past we have sent trips out to:

Canoe the Saco River, Androscoggin (white water)
Climb Bald Face Mt., Blueberry Mt., Jefferson, Pleasant Mt., Mt. Chocorua
Explore Step Falls, Diana's Bath, Emerald Pool, Monhegan Island
Kayak tours around Long Lake

campership auction

The annual Campership auction is held during rest hour on Saturday of each session. All money raised goes toward the Campership Aid Fund, a fund that supplies financial help to qualified families who wish to send campers to Newfound and Owatonna. Almost anything you think of is auctionable. This a fun way for everyone to support Camp for all our young people.

Donations come from Camp supporters and family campers, past and present: original artwork, pottery, crafts, hand-made jewelry, gift certificates, even the use of vacation homes or condos. If you'd like to contribute something to be auctioned, please send it to the Business Office, attention Family Camp Auction, or just bring it with you to Family Camp. And, thank you!!

family camp t-shirts

Each summer a unique Family Camp t-shirt is designed. They are free to children 12 and under. Adults, ages 13 and up, are $14. Please fill out the order form found online and mail it to:
Family Camp, 4 Camp Newfound Rd., Harrison, ME 04040

or email: info@newfound-owatonna.com
Please include the name of each family member (including children) and his or her size:

children's sizes: XS, S, M, L, XL
women's sizes: S, M, L, XL
men's sizes: S, M, L, XL, XXL

This year's design is featured on the front of this hand book.

golf courses

Bridgton Highlands Country Club, Bridgton 207-647-3491

Point Sebago Golf Resort, Casco 207-655-2747

Naples Golf and Country Club, Naples 207-693-6424

camp policies

PHONES/INTERNET: No cell phone use around cabins please. High speed and wireless internet connection is available in the Business Office. Verizon works best for cell phone coverage.

BOATING: Life jackets must be worn at all times in all boats by everyone.

MOUNTAIN BIKES: Bring your own if you like (we don't provide them). Helmets must be worn. Because of the terrain and numbers of people in camp, bikes are not to be ridden down the Newfound hill or in lower camp at Newfound or Owatonna.

LABEL EVERYTHING: Please label as many of your things as possible. This is especially important for children attending the childcare program.

FOOD: History has taught us that food attracts squirrels, skunks, raccoons, and other small animals into the cabins and cubie houses. Three large meals are provided daily at camp -- please leave snack foods at home.

LAUNDRY: Washing machines and dryers are located by the business office and are available for use. Laundry detergent will be provided.

ELECTRICAL APPLIANCES: In keeping with the simplicity of camp life, we ask that electrical appliances be kept to a minimum. The wiring system at camp simply cannot accommodate hair dryers, shavers, etc.

PETS: Camp is not set up for pets. Thank you for leaving them at home.

EXPECTATIONS: Those attending Family Camp are expected to abide by Camp standards of no smoking, alcohol, or drugs.

QUIET TIME AT CAMP: During Quiet Hour (8:15–8:45) and Rest Hour (1:15–2:15) camp is quiet. All activities and programs are closed during these times. Please be respectful to those who are needing that down time.

Physical Care at camp

As a Camp for Christian Scientists, we turn to God for healing first and foremost with the expectation that every human need is met completely and promptly. If desired, there are medical facilities in nearby Bridgton. We are happy to help and support you in whatever choice you make to help you meet your specific need.

Camp housing

Families are assigned to cabins on a first-come-first-serve basis. Specific family needs as well as the sign-up date are taken into consideration when cabin assignments are made.

Families live at both Newfound and Owatonna.

A limited number of cabins are equipped with half or full baths. There is a $100 charge for a cabin with a bathroom.

Bed linens

A limited number of linens are available by request by those coming from afar. There is a $25 surcharge for: a set of sheets, pillow, blankets (2), and towels (2).

Important telephone numbers and addresses

Steve and Lesley Vernon Family Camp directors
Steve cell: 207.899.8276
Lesley cell: 207.899.8278
email: vernon.familycamp@gmail.com (after August 10 please call)

Bonnie Bower Executive director
Bonnie cell: 207.595.8860
Business office: 207.583.6711, x202

Messages can be left for you here during Family Camp:
Business office: 207.583.6711, x201

Fax: 207.583.6710
email: info@newfound-owatonna.com

Camp address:
Camps Newfound/Owatonna
4 Camp Newfound Road
Harrison, ME 04040

See you in August!